

About Holding the Guitar

—*The Triangle*

The guitar touches the body at three points to create a triangle:

1. At the lower part of the chest (near the sternum).
2. At the top of the left thigh.
3. At the inner part of the right thigh.

Of course, the reverse applies if you play left-handed! This triangle is held into place when the right forearm is rested on the instrument.



It's basic, yes, but this position provides the best angle for the guitar. For good tone production, especially in a concert situation, it is essential that the vibration of the back of the guitar is not compromised by placing it flat against your stomach. Since the guitar is such a directional instrument (it sounds best wherever you aim the soundhole), this angle also allows for the sound to travel a greater distance, because it keeps us from pointing the instrument at the floor.